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We are therefore delighted to provide parent/carer copies of all PSHE Association member materials that cover RSE (Relationships and Sex Education).

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Pregnancy choices: abortion

KS4 Year 11 Lesson 5

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Learning objective

- We are learning about the laws related to abortion and support available

Learning outcomes

- I can identify key legal considerations in relation to abortion
- I can explain why there are strongly held views on abortion
- I can explain where and how to access related medical services and emotional support

Forum post

Read the forum post on your handout.

Respond by completing the sentences in the boxes beneath:

- I expect you and your partner must be feeling...
- The first thing you should do is...
- The laws around abortion say that...
- To get some more advice, help or support you could...



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Facts about abortion

In pairs, read facts related to abortion on your handout.

Then, decide which three facts you think would be most beneficial for the young people from the forum post to know.

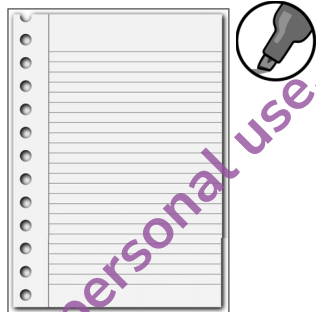


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Abortion influences

What do you think might influence someone's views about abortion?
Create a list of possible influences.

Some people support the practice of abortion and others oppose it, but everyone is entitled to their own opinions and should be allowed to make the decision that they feel is best for them.



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Help and support

In pairs, complete the table in your *Help and support* handout, identifying possible people, groups, or organisations who may be able to provide the type of help and support stated.



The same person/ group may be added more than once in different places!

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Sources of support: examples

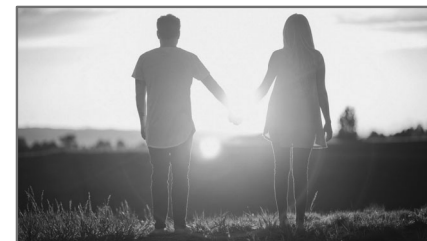
- Parents, family members or friends = listening, empathy, emotional support strategies
- Someone's partner = listening, empathy, emotional support strategies
- Teachers or other trusted adults = listening, empathy, safeguarding, emotional support strategies
- GPs and other medical professionals = medical advice, medical assessment, accurate, reliable, non-biased information, safeguarding, refer someone for an abortion
- Counsellors = listening, empathy, therapeutic support
- Advice lines, charities, specialist organisations = listening, empathy, emotional support strategies, reliable information (depending on the organisation)

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Giving advice

Return to the forum post from the start of the lesson.

Create a new reply, giving advice to the couple based on what you have learnt this lesson.



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Revisiting the quote

“Long-term relationships are great, but take hard work.”

- How might someone show that they are in a committed relationship?
- What options does someone have if they want to become a parent? What might affect their choices?
- What does effective conflict management look like in a relationship?
- Where might someone seek help and support regarding relationships?

Return to the quote from lesson 1.

Using a different coloured pen, add any new learning or advice, based on what you have learnt over the last 5 lessons.

Then, add an overall comment summarising what you have learnt.

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Signposting support

If you would like further guidance or support, speak to:

- a parent/carer, tutor, head of year
- school nurse/counsellor or other trusted member of staff in the school

Visit your GP or local sexual health clinic for support regarding relationships and sex.

- **A Better Medway:** www.abettermedway.co.uk
- **Brook:** www.brook.org.uk
- **Childline:** www.childline.org.uk

Sources of support bingo!

Create a 3x3 grid and select from all the sources of help you can think of, ready to play.

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